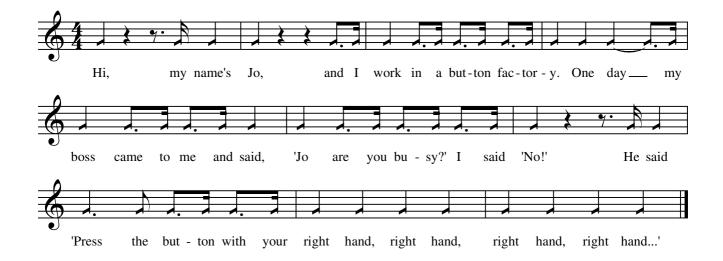
HI, MY NAME'S JO!



The children sit with their knees up in front of them. On the words 'right hand' they start tapping their right hand on their knee in time to the pulse. They keep doing this while the chant is repeated and on the words 'left hand' they tap their left knee as well. This continues until both hands and both feet are tapping along to the pulse. The head and the tongue are then included with hilarious results.

The order for the actions are as follows:

1) RIGHT HAND

2) LEFT HAND

3) RIGHT FOOT

4) LEFT FOOT

5) HEAD

6) TONGUE

On the last last line, 'Jo, are you busy?' the children hold their hands in the air and shout 'I said 'YES!!!!'